MOUNTAINCAMP 2002



Creating memories that last a lifetime.



The Mountain Retreat & Learning Centers, Inc.



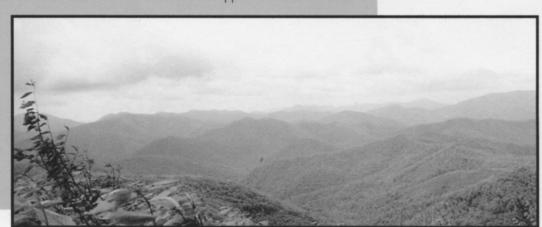
Get ready for MOUNTAINCAMP 2002

It's one of the most valuable and fun experiences a young person can have! Your camper will come away with memories that last a lifetime. **MountainCamp** fosters belonging and acceptance in a truly safe environment. Committed to providing meaningful, high-quality experiences for all youth, MountainCamp offers a variety of programs. Whether you are looking for two weeks of adventure, a summer-long experience, or a week-long leadership training, you'll find your niche at **The Mountain**.

MOUNTAIN CAMP Setting

Nestled in western North Carolina's Blue Ridge, Little Scaly Mountain, 4,200 feet in elevation, is the home of **The Mountain** Retreat & Learning Centers. The Mountain is a place to expand your horizons—explore new ideas and meet new friends while you reconnect with old ones. Discover our land of clear mountain streams, hardwood forests, waterfalls and high mountain balds. Our location provides a natural playground with endless outdoor adventure opportunities. Our 96

acres of mountain woodland borders the National Forest and offers a variety of hiking trails, lake swimming, canoeing, kayaking, and rafting, open fields for play, as well as a low and high challenge course.



Creating Your Day

The Mountain promotes individual choice and responsibility. Starting with Elementary Camp, your camper will determine his/her own schedule based on the activities offered. This allows us to offer support and to challenge each camper at his/her level of development and interest.

Following Morning Circle each day, groups will depart for off-site adventures, such as river rafting, exploring the nooks and crannies of Granite City, or hiking Siler Bald. Onsite activities offer a variety of favorite workshops, such as tie-dying or learning to juggle, playing field games, lake fun with the canoes and playaks, and the thrill of the challenge course. Your camper will have the chance to demonstrate her/his talents and participate in entertaining evening programs, friendship, community, and experience wonderful Mountain meals.



Staff

We believe our staff is the key to a successful and positive summer for all our campers. Many counselors are former MountainCampers themselves and know what a valuable experience camp offers. All counselors go through an extensive training process to ensure **MountainCamp** provides a responsible, safe, and caring environment. Our counselor-to-camper ratio is 1 to 4 ensuring that youth receive the attention needed to promote community and well being. We are very proud of our MountainCamp Counselors and pleased that many show their dedication by returning year after year.

Beginning MountainCamp



June 30 – July 6, 2002 **\$419**

Rising 1st through 3rd Graders

We invite youngsters to join us for six days of exploration and outdoor activities. This is a chance to expose your youngest campers to the natural wonders through experiential education, as they study some of their favorite subjects: animals, plants, earth, rocks, and water. The hands-on activities, trips to the nature center and fish hatchery, hiking, rock sliding, and arts and crafts and music are all part of the program and keep beginning campers focused and busy. Beginning MountainCamp introduces your youngest campers to a safe and caring environment and gives them the opportunity to explore and grow. Enrollment is limited to 16.

Elementary MountainCamp

June 30 – July 13, 2002 **\$884**

Rising 3rd through 6th Graders

Come to Elementary MountainCamp to learn! Your camper will have the opportunity to develop skills through experience. We'll take hikes and play games in the forest, test his or her limits on our bouldering wall, go rock sliding, and even spend the night camping out. Young people will learn about themselves and their peers as they participate in creating camp programs such as a Worship service and evening family councils. Elementary MountainCamp establishes the enthusiasm in campers that leads them back to **The Mountain** for years to come. Enrollment is limited to 56.



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Junior High MountainCamp



ries to last a lifetime. Enrollment is limited to 90.

June 16 – 29, 2002 **\$899**

Rising 7th through 9th Graders

Calling all energetic and adventure-seeking young people! You will enjoy two lively weeks of fun, community building and exploring your beliefs. Canoeing and river rafting, overnight camping, and the low and high challenge course are just a few examples of the adventures awaiting you. Explore your spiritual side by planning Vespers and worship. Energizing workshops, held daily, encourage creativity, learning new skills and exploring the unknown. You will develop friendships and create memo-

June 30 – July 13, 2002 **\$799**

Rising 8th through 12th Graders

Ready for Adventure? Spend two weeks challenging yourself, experiencing nature, and giving back to the Mountain community in this quest for challenging environmental adventure. "Grunge" takes on new meaning as modern conveniences are left behind. These adventurers sleep out under the stars every night. Campers



Work and Adventure



will not take showers, wear make-up, or even deodorant, whewl During week one, campers will learn the value of service and give back to The Mountain through community work projects. The focus will be on team building and commitment with low and high challenge course activities, rock climbing, and preparing for week two. Whitewater rafting, four days of backpacking, and exploring the glory of our domain fill the second week of new challenges. Campers will experience the natural world, explore their relationship with each other and, most importantly, learn about themselves. Enrollment is limited to 18.

Senior High MountainCamp



July 14 – 27, 2002 **\$899**

Rising 10th through 2002 Graduates

Join us for Senior High MountainCamp — an opportunity to develop a cooperative and supportive community and have life-changing experiences. Explore your spiritual side by planning Vespers and Worship, or push your physical limits by hiking, whitewater rafting, and the 24-HOUR EXPERIENCE! Try the low and high ropes challenge course and discover the difference positive emotional support makes. Workday allows the group to give back to the community and leave a positive gift for other **Mountain** guests. Everyone will enjoy Theme Day and evening programs designed by the "Spirits," a group of Senior High Camp Leaders selected during MountainCamp 'O1. Participate in this special camp and open doors to your exciting future. Enrollment is limited to 90.

Backcountry Adventure Camp

Sr. High – June 16 – 29, 2002 Jr. High – July 14 – 27, 2002 **\$899**

MountainCamp is venturing out — and you can, tool Are you ready for an adventure of a lifetime? Join us for our second year of Backcountry Adventure—a 100% backpacking adventure session. Campers will hit the trail for an amazing eleven days, covering up to 100 miles on local trails. Don't miss this opportunity to really challenge yourself and have a once-in-a-lifetime experience. The small size permits a true community experience while minimally impacting our natural resources. Try something new this year! Enrollment limited to 8.



Please refer to page 10 of this brochure for registration instructions.

Summer Long Programs

ASCENDER MountainCamp

All Summer Campers Exploring Nature's Delights & Experiencing Re-Creation June 9 – July 13, 2002 • \$794

Rising 11th through 12th Graders

Ever wonder what it would be like to work at **The Mountain**? ASCENDER MountainCamp is a 5-week program for young people interested in building skills through hands-on work experience while undergoing team building and personal growth. ASCENDERs will live as a group with two mentors and gain work experience by rotating through various **Moun-**



tain departments as "apprentices" to qualified staff members. Through time in the kitchen, the Registration Office, youth camp and Family Camp, housekeeping and maintenance, ASCENDERs learn new skills, take on greater responsibility and independence. ASCENDERs do much more than work 5 days a week. They also spend 2 days each week focusing on team building and adventure activities, including hikes, whitewater rafting, rock climbing, or various other mountain programs. Most past ASCENDERs have stayed on through July and attended Senior High MountainCamp (see discounts).

Counselor-in-Training (CIT) June 9 – July 27, 2002 • \$939

Rising 12th through 2002 Graduates

Interested in working with Youth? Want to become a camp counselor or develop leadership skills? Be a CIT for the summer! CITs will learn the skills it takes to become a camp counselor and responsible leader. CITs will be selected to live as a group with two mentors during the 7-week program. The first week will be spent in training with their group and with counselors during day trips and workshops. While camp is in session, CITs will be responsible for cabin activities, planning field day, and leading an evening program. CITs have 1 day off each week, as well as 1 trip-training day which focuses on building solid adventure skills. Serving as a CIT is a rewarding and challenging opportunity that requires patience, compassion, empathy, and a commitment to working with youth. Get your application in soon!

ASCENDER and CIT Application Information

- An application and 3 references are required to apply for the ASCENDER or CIT program. Please contact the Youth Programs Director at (828) 526-5838, or e-mail youth.programs@mountaincenters.org.
- Allow plenty of time to complete your application so that it is a quality expression of yourself. Applications may be handwritten, typed, or tape recorded. Selection is based on the application and references, not prior Mountain experience.
 Please make sure all your information is received on time. Closing date is February 15, 2002!
- ASCENDER applicants who also wish to attend Senior High MountainCamp must register separately. CIT applicants who
 are not accepted into the CIT program will have a space held for them in Senior High Camp. However, they forfeit that
 space if it is not confirmed within one week following CIT selections.
- If you are accepted into the ASCENDER or CIT program, the \$200 deposit is due within one week of acceptance.

Leadership School for Social Justice Summer Week July 27 - August 2, 2002 • \$451

Rising 10th Graders through 2002 HS graduates

The weeklong summer Leadership School for Social Justice is a great opportunity to gain skills, knowledge and tools that will expand your leadership capacity in your local school, congregation or community organization.

Through outdoor adventures, experiential workshops, arts and service activities, you'll be able to:

- · Explore your own values
- · Learn about others' perspectives
- · Find ways to put your ideas into action

The week will include:

- · Community building on the low and high challenge course
- Whitewater rafting
- A service project in Western North Carolina
- An opportunity to network with other youth by working together around issues that are important to you

Individuals are welcome to sign up, although you can also come with a "core group" (3-4 from your community) as a way to build an ongoing network and support for each other when you go back home.



If you are in need of financial assistance in paying for camp, we are happy to consider a Campership for you. Please print the Campership Application Form from our website at **www.mountaincenters.org** or call the Office to receive an application. Fill out and send to The Mountain, Attn: Campership Application.

You can apply before or after you register for camp; however, a registration and FULL deposit are required to reserve a space in camp. The deadline for Campership applications is March 1, 2002. In limited situations, payment plans may be arranged with the Finance Office.

Camp Minister (Spiritual Leader) and Wellness Center Supervisor Needed!

MountainCamp will need to fill these positions for next summer. If you are interested, please contact the Youth Programs Director at The Mountain by e-mailing youth.programs@mountaincenters.org.

Camp Minister: We need someone to lead the daily worship services and workshop for the Sunday Worship. Ministers, DREs, or anyone else with experience leading youth in spiritual experiences is welcome. We are seeking a Spiritual Leader for the Jr. High, Elementary, and Sr. High camps. Housing and meals provided.

Wellness Center Supervisor: Responsible for the health care of campers including: handing out medications, standard first aid when needed, taking youth to the hospital if necessary, supervising sick campers, and emotional support. This position does provide a 50% discount for your child attending camp. Housing and meals provided.



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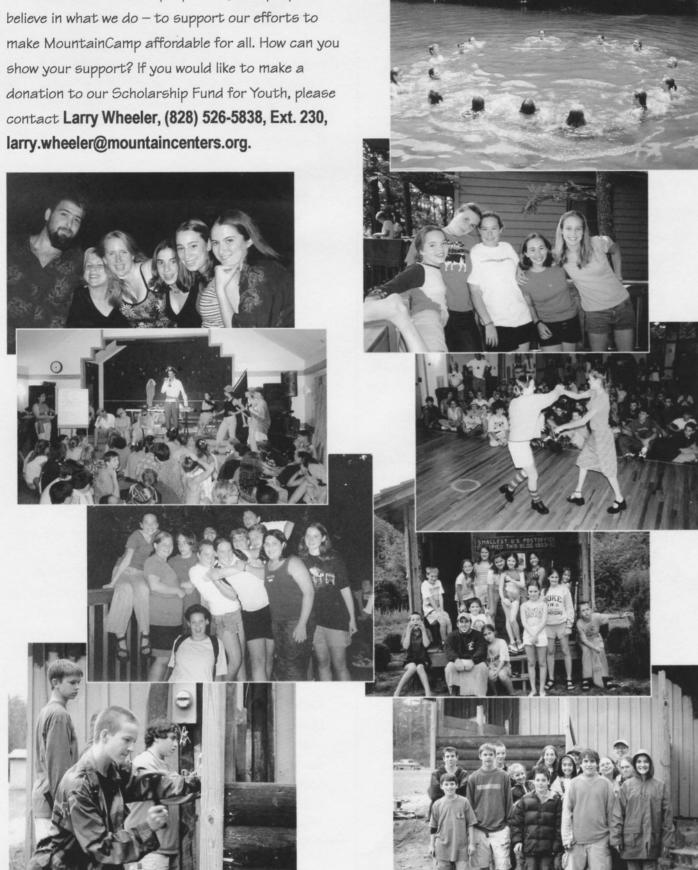
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The Mountain relies on people like you - people who believe in what we do - to support our efforts to show your support? If you would like to make a contact Larry Wheeler, (828) 526-5838, Ext. 230,



Instructions for Registration for ALL 2002 CAMPS

REGISTRATION FORM

 Fill out a registration form (1 copy enclosed) for each camper for each camp s/he will attend. For example, if your camper is attending both Junior High Camp and Work & Adventure, make a copy and fill out one registration form for Junior High Camp and one for Work & Adventure.

DEPOSIT

 Enclose your nonrefundable deposit of \$200 per camp with your registration forms. WE CANNOT PROCESS YOUR REGISTRATION WITHOUT A DE-POSIT.

CONFIRMATION

 After we receive your registration and deposit, we will send you a confirmation packet in early February 2002. Please fill out and return all pre-arrival forms by April 15, 2002.

PAYMENT DUE DATE

• Full payment for camp is due on April 15, 2002, along with your forms. If payment in full is not received by April 15 and we have people on our waitlist for that camp, we will notify you and then cancel your registration. If you cancel after April 15, you will receive a 50% refund of your full payment IF IT IS AT LEAST 4 WEEKS BEFORE THE START DATE OF THAT CAMP SESSION and cancellation notice is in writing. This policy enables us to pass on space openings to campers who are on the waiting list.

WAITLISTS

Youth Camps are often filled by February 1. PLEASE REGISTER EARLY! If we receive your registration after a camp session is full, we will contact you immediately, and you can place your name on the waitlist with your deposit. If you choose to remain on the waitlist, you will be informed if a space becomes available. If a space opens and you do not take it, your deposit is subject to the regular deposit refund policy. If no space becomes available, you will be refunded your full deposit. You can remove

your name from the waitlist at anytime before a space becomes available, and receive a refund of your full deposit. We encourage you to place your child's name on the waitlist because spaces do frequently open.

DISCOUNTS

- \$50 off basic fees if your child attends 2 or more two-week MountainCamps.
- \$50 discount per two-week camp session and
 \$25 per one-week session if we receive payment in full by December 31, 2001.
- \$20 discount per child per camp if you are a Life Member of The Mountain.
- \$10 discount for second and subsequent child from same family.
- 5. \$25 off Leadership School for Social Justice if registered for another MountainCamp session.

STAY-OVER

- Camper: If your child is attending more than one camp session, our supervised stay-over program is available free of charge. However, you need to register for this service. You will receive a "Camp Stay-Over Registration" form with your confirmation packet. Please return this form by April 15, 2002, along with your other pre-arrival forms if you would like your child to stay in our care in-between sessions.
- Parent: Parents are welcome to stay over at The Mountain on drop-off or pick-up weekends for a reduced Mountain drop-in fee. You must pre-register, and a registration form will be included in your confirmation packet. Please return this form by April 15, 2002, along with your camper's pre-arrival forms if you would like to stay over.

For childcare tax deductions, The Mountain's FEIN - 58-1396972

REGISTRATION FORM ==== Use separate form (photocopy) for each child and each camp. The Mountain Retreat & Learning Centers, Inc. MountainCamp P.O. Box 1299 Name of Camp Session _____ Highlands, NC 28741-1299 Dates _____ Price ____ (828) 526-5838 • Fax (828) 526-2511 FEIN: 58-1396972 Camper's Full Name Birthdate ______ Age as of April 15, 2002 _____ Grade 9/01 ____ Gender M F Home Street Address _______State ______ Zip ______ Phone (_____) _____ City ____ Which parent(s) or quardian(s) lives with Camper at above address? Names of Day Phone (____) ____ Parents/Guardians: Parent Day Phone (____) ____ Siblings' Names Gender M F Gender M Gender M Check T-Shirt size needed: Child — S \square M \square L \square Adult — S \square M \square L \square XL 🗆 XXL 🗆 If camper has divorced/separated parents or another situation resulting in a second home, please fill out the alternate parent information below. Otherwise, skip this section. Alternate Parent's Name Street Address _____ State _____ Zip _____ Evening Phone (____) ____ Who is responsible for fees? Name ______ Phone (____) ____ Address _____ State ___ Zip ___ NO REGISTRATION / RESERVATION WITHOUT DEPOSIT A \$200 deposit for each camper is required to hold space for each camp. Your check is preferred. VISA and MasterCard can also be used by carefully printing card number and expiration date and signing below. The deposit will be deducted from the total amount due. DEPOSIT IS NON-REFUNDABLE. FULL PAYMENT DUE APRIL 15, 2002. VISA or MasterCard only: Signature of Cardholder Printed Name of Cardholder Expiration Date _____ Amount \$____ Credit Card # ____ Received \$ Date Rec'd: Data Entered:

Confirmation mailed:

MountainCamp 2002 at a Glance

June 9 - July 13 ASCENDERS

June 9 - July 27 CIT

June 16 - 29 Jr. High Camp

June 16 - 29 Backcountry Adventure Camp

(Sr. High)

June 30 - July 6 Beginning Camp

June 30 - July 13 Elementary Camp

June 30 - July 13 Work & Adventure

July 14 - 27 Sr. High Camp

July 14 - 27 Backcountry Adventure Camp

(Jr. High)

July 27 - Aug. 2 Leadership School for Social Justice

Ahhhh! Camp at The Mountain is "the life."



REGISTER by 12/31/01 for Early Bird Discounts! See page 10 for details.

THE MOUNTAIN RETREAT & LEARNING CENTERS, Inc. is an equal opportunity employer / provider and a drug-free workplace.

THE MOUNTAIN

RETREAT & LEARNING CENTERS, INC. P.O. Box 1299, Highlands, NC 28741



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