Our Mission:

The Mountain enriches lives, fosters an appreciation of the natural world, honors the interconnectedness of all things, and inspires people to build inclusive, meaningful, sustainable communities throughout their lives.



Support The Mountain

The Mountain's Annual Fund provides 25% of the funds for our operating budget every year. Our program revenue simply doesn't cover all the costs to keep The Mountain well-maintained, financially healthy, and fully staffed year-round.

Your gifts for annual membership and the Annual Fund help keep our program costs affordable for all the retreat guests, congregations, community groups, and camper families who come to this special place. Thank you!

Our Vision:

An exemplary retreat, camp & learning center that celebrates Unitarian Universalist principles, inspires people of all ages, transforms lives, and builds a more compassionate world.



The Inherent Worth and Dignity of Every Individual

Justice, Equity, and Compassion in Human Relations

Acceptance of One Another and Encouragement to Spiritual Growth

A Free and Responsible Search for Truth and Meaning

The Right of Conscience and the Use of Democratic Process

The Goal of World Community with Peace, Liberty, and Justice for All

Respect for the Interdependent Web of All Existence of which we are a Part



The Mountain

Retreat and Learning Center, Inc.

Congregation Retreat
Planning Guide



828-526-5838

The Mountain RLC.org

PO Box 1299 Highlands, NC 28741

Guest Services Email: gsoffice@themountainrlc.org

Enriching Lives
Creating Community
Celebrating Nature

The Mountain

is Here for You



A Retreat to Build Foundations to Span Generations

The Mountain Retreat & Learning Center was found 40 years ago by Unitarian Universalists from around the southern region of the United States as a place for people of all ages to gather. Guided by our Unitarian Universalist Core Values, The Mountain is a place for the exploration of truth and meaning, experiencing nature, and building community that welcome all. The Mountain offers Lodge and Cabin housing and accessible facilities for group programs and retreats.

Our youth CONferences are intentionally designed to supplement and affirm UU religious educational programs and lifespan faith development objectives.

There are summer camps, leadership retreats, environmental programs, and outdoor activities galore to engage and inspire people of all ages.



Planting the seeds of change

We are here to provide a welcoming and supportive environment in which your congregation can engage in its work at deeper levels, reenergize, bring new spirit and strengthen relationships with others and self. To practice the goal of world community and the respect for the interdependent web of life.

Why The Mountain?

Our affordable housing options include lodge rooms, cabins, and bunk houses to accommodate various mobility needs and group sizes.

Our Staff offers an array of services, including (but not limited to) guided labyrinth walks and hikes, challenge course & initiative games, voga, campfires...

Our Campus holds a variety of spacious and versatile meeting spaces, many with spectacular views from 4.200ft elevation.

Our kitchen provides balanced, delicious, nourishing, buffet-style meals and can accommodate your group's individual dietary needs.

The Many Hands Peace Farm aims to provide fresh produce for guest dining. Our Farm offers educational experiences focusing on regenerative practices, including farm tours, woodland walks, and indoor presentations to get to know The Mountain's unique temperate rainforest ecosystem.

A Place to be Together & a Place to be A-part.



When Can We Come?

- Great congregational retreats take time to plan. To schedule, contact The Mountain Group Sales office as soon as you have a time of year in mind. Weekends in the late Spring and Fall fill quickly, so schedule early. Weekdays and the winter months have greater availability.
- Once your date is scheduled. you will receive a contract to be signed and returned to confirm. Then you can send out a "save the date" notice to your congregation. Your event will be listed on The Mountain's website for publicity and registration.
- 3) Now it's time to begin planning a great retreat program and activity offering. A reference to our offerings, facilities, lodging and more can be found on our website under "Plan Your Retreat".

To learn more about our programming, or to schedule a retreat contact:

> Guest Services Email: gsoffice@themountainrlc.org

The Mountain RLC. org

