

# Schedule: MUSIC WEEK 2018 @ The Mountain

April 1-6, 2018

As of Feb 1, 2018--may change slightly

. Questions? Ask Phil Sterner: 336-406-3926

	Sunday, April 1	Monday, April 2	Tuesday, April 3	Wed., April 4	Thursday, April 5	Friday, April 6
7:30-8:30		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9:00-9:30 <b><u>GREAT ROOM</u></b>		Worship for All – FRICITION FARM (FF)	Worship for All – JOE JENCKS (JJ)	Worship for All – MINDY SIMMONS (MS)	Worship for All – PAULA HEUSINKVELD (PH) & JORGE MEDINA	<u>Linens@Door</u>  Closing Circle
10-12am w/break		FF - Song Writing Mindy - Guitar Techniques Joe Jencks - Looking Thru Lens of Folk	FF - Song Writing Mindy - Guitar Techniques Joe Jencks - Looking Thru Lens of Folk	FF - Song Writing Mindy - Guitar Techniques Joe Jencks - Looking Thru Lens of Folk	FF - Song Writing Mindy - Guitar Techniques Joe Jencks - Looking Thru Lens of Folk	

12:30-1:15 pm		<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
2 – 3 pm	Arrival and Check In	FF - Home Record Beg JJ - Vocal Coaching Harriet – Dulcimer Intro/Demo	MS- Stage Presence JJ - Vocal Coaching Harriet – Instrumental One-on-One	FF - Home Record Adv MS – Being Prepared for the Gig Harriet – Instrumental One-on-One	FF – Protest Songs JJ - Vocal Coaching Harriet – Instrumental One-on-One	Safe Travels  &  See you at MUSIC WEEK 2019
3:30 – 4:30 pm		Paula - Name That Tune (Classical Music)  Harriet – Multi-Part Instrumental Sight- Reading	Paula – Name That Tune (Pop & Broadway)  Harriet – Multi-Part Instrumental Sight- Reading	Paula - Name That Tune (Old Time Sing Along)  Harriet – Multi-Part Instrumental Sight- Reading	Harriet – Multi-Part Instrumental Sight- Reading	
5-6 pm <b><u>COMMONS</u></b>	Social Hour: Music & Chatting	<b>Social Hour: Music &amp; Chatting</b>	<b>Social Hour: Music &amp; Chatting</b>	<b>Social Hour: Music &amp; Chatting</b>	<b>Social Hour: Music &amp; Chatting</b>	
6:00-7:00	DINNER	DINNER	DINNER	DINNER	DINNER	

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7:30-9:00 <b><u>GREAT ROOM</u></b>	<b>Program Preview</b>	<b>Mindy Simmons</b>	<b>Friction Farm</b>	<b>Joe Jencks</b>	<b>Talent Night</b>	
9:15-???	<b>LATE NIGHT JAM w/Mindy</b>	<b>LATE NIGHT JAM w/Friction Farm</b>	<b>LATE NIGHT JAM w/Joe</b>	<b>LATE NIGHT JAM w/ Paula &amp; Jorge</b>	<b>LATE NIGHT JAM w/Mindy and...?</b>	

## WORKSHOP DESCRIPTIONS

### HARRIET LAWRENCE (HL): AFTERNOON WORKSHOPS

**(M at 2-3) DULCIMER INTRO/DEMO** - An introduction to the history, development, and musical possibilities of the Appalachian (or lap, or mountain) dulcimer. For anyone curious about this uniquely American instrument, as well as for anyone thinking about learning to play it.

**(T, W, or TH at 2-3) 1-ON-1 PRIVATE SESSION - can be EITHER:**

-- Dulcimer instruction at the beginning or intermediate level (loaner dulcimer may be available)

OR

-- Sight-reading duets for alto recorder (my instrument) and your flute, recorder, other wind or string instrument, guitar, or piano.

**(M - TH at 3:30-4:30) MULTI-PART INSTRUMENTAL PLAYING** - Sight-reading short arrangements of diverse pieces from folk to classical. Our intent is to hear and explore a variety of harmonies, rather than to polish one piece to performance perfection.

Please note this: Tuesday/Thursday - Group includes dulcimers, so all arrangements will be in D major or E minor.

Monday/Wednesday - Group will include **no** dulcimers, so pieces in a wider range of keys--but no more than 2 sharps or flats.

**PLEASE tell us what instrument(s) you'll be bringing when you sign up, to aid in preparing selections with parts for everyone.** (Pianist: Please bring electric keyboard if you can, since our room may not have a piano.) Bring a music stand if you have one. For further information or questions please email [harlawrence@yahoo.com](mailto:harlawrence@yahoo.com).

### MINDY SIMMONS (MS): MORNING WORKSHOPS

**(M-TH at 10-12) GUITAR TECHNIQUE:** This will be an on-going guitar technique workshop where we will learn and practice a few different finger-picking styles and rhythm styles. We will explore bass note walk-ups and walk-downs as well as a few simple, beginning and ending riffs that can be used in many different songs. We will explore some blues riffs as well as hammer-on and pull-off techniques.

## **MINDY SIMMONS (MS): AFTERNOON WORKSHOPS**

**(T at 2-3) STAGE PRESENCE** – What makes the difference between an amateur and a professional? Stage Presence! We will talk about and practice standing vs sitting while performing, making eye contact, engaging the audience. When to focus inward and when to focus outward. What to wear and other important points to think about while developing into a professional entertainer/performer.

**(W at 2-3) BEING PREPARED FOR THE GIG** – Have you ever shown up for the gig and forgotten something...like your guitar??? Well, I have! We will discuss creating your own personal check list, getting ready for the gig from dress to equipment, and being prepared for the unknown.

## **PAULA HEUSKINKVELD (PH): AFTERNOON WORKSHOPS**

**(M, T, or W at 3:30-4:30) NAME THAT TUNE!** - At our first year of MUSIC WEEK at The Mountain, Paula delighted us all with her piano skills and her wealth of knowledge of songs! So, we asked her to make a fun-filled workshop out of her then impromptu “name that tune” session. She will hold 3 sessions this year and you have 3 different workshops to choose among **OR** come to all 3...!! *Monday*, she will play pieces of *classical tunes*. *Tuesday*, she will ask you to name songs that are *standard classics and show tunes from Broadway*. On *Wednesday*, she will go way back to the era of folk music in America and ask you to name *folk songs and sing-a-long too!*

## **FRICITION FARM (FF) (= Christine & Aidan): MORNING WORKSHOPS**

**(M-TH at 10-12) SONG WRITING:** Let's Write a Song About The Mountain...! We will use exercises to open your creativity, focus ideas and find your voice. You may write on your own or as part of a group. We will help edit and shape your work, gently critique as a group. This workshop is for the experienced *and* novice songwriter, musicians, non-musicians, poets, and first-time writers.

## **FRICITION FARM (FF) (= Christine & Aidan): AFTERNOON WORKSHOPS**

**(M at 2-3) EASY HOME RECORDING FOR BEGINNERS**

**(W at 2-3) EASY HOME RECORDING -- ADVANCED –**

These easy, drop-in sessions using free programs such as Garage Band and Audacity. We will show you how to get started what you need to record basic tracks at home, share tips and techniques to help you share ideas, work on songs and parts.

**(TH at 2-3) PROTEST SONGS** – Rallying and Protest Songs have been part of our American fabric for centuries. We will give you a bit of history including success stories of how music supports a movement and help you develop ideas for building unity and energizing a movement with old songs, modified songs, chants and more.

## **JOE JENCKS (JJ): MORNING WORKSHOPS**

**(M-TH at 10-12) Looking Through the Lens of Folk**

Joe Jencks will lead a weeklong session exploring the intersection of music and social movements in North America from the American Revolution to modern times. There will be room for dialogue and exploration, so bring some of your favorite songs and add to the conversation.

## **JOE JENCKS (JJ): AFTERNOON WORKSHOPS**

**(M, T or TH at 2-3) VOCAL COACHING** – Each day Joe will conduct one-on-one voice lessons (25 mins each), working with each participant on their personal goals - wherever they are at on their singing journey. Joe brings us his conservatory training and lessons learned from nearly 2 decades of full-time touring experience, with concerts demanding efficient and careful use of the voice.

## **SELF-GUIDED EXCURSIONS of LOCAL AREAS OF INTEREST**

**M-TH, WHENEVER BUT LIKELY IN AFTERNOONS** See Phil Sterner or Office Staff for More Details.

### **HIGHLANDS**

- Hiking: Trail maps available in our Main Office. “Buddy up!” Right off here and nearby.  
Waterfalls: Dry Falls, Cullasaja Falls, Glen Falls, Satulah Falls w/in 10 miles. Free. 100s more.  
Highlands Nature Center: Free. Educational and hands-on. For all ages. 9-5pm daily.  
Highlands Botanical Garden: Free. Easy walk; level. Well-marked plants. Blooms most seasons.  
Bascom Visual Arts Center: Free. Exceptional presentations. Classes (\$\$). Gardens too.  
Highlands Historical Village: Free. Fri. & Sat. only. Lots to see, read, learn. Ask for expert “Ran.”  
Shopping in Highlands: Boutique, upscale, pretty, easy walking and occasional seating.  
Thrifts/Consignments: High-end ones in Highlands; more variety & cheaper in Franklin.
- Falconry: South towards Clayton, near Scaly Mountain. New. (\$) Signs on Hwy 106 to east.  
Zipline: On Hwy 106 about 4-5 miles south of The Mountain. Fun. Safe. (\$\$) All abilities.  
Ice Cream: Sweet Treats Deli and/or Kilwin's Chocolates and Ice Cream.

### **CLAYTON**

Distillery and Wineries: In/near Rabun Gap, Clayton & Tiger, GA. Our Office has info.

### **FRANKLIN**

Thrifts/Consignments: More variety & cheaper in Franklin than Highlands.

### **WEBSITES TO SPECIFIC AREA EVENTS**

- HIGHLANDS, NC: <http://highlandschamber.org/highlands-calendar/#!event-list>  
FRANKLIN, NC <http://www.franklin-chamber.com/calendar-of-events/>  
CLAYTON, GA: <http://downtownclaytonga.org/>  
DILLARD, GA: <http://www.exploregeorgia.org/city/dillard>

Enjoy THE MOUNTAIN RETREAT AND LEARNING CENTER as “Base Camp”.